



50km 1st section
MSIG Sai Kung50

蚺蛇尖 11.8km

SHARP PEAK (NAM SHE-TSIM)

CP1 Water Medical 8.1km

41.6km

16 km

50km LONG category
CP4 water medical 38.6km
Pak Tam Country trail

CP2 Water Medical Sai Wan 18km

37.8km

Start
Finish

19km

SAI KUNG EAST COUNTRY PARK

西貢東郊野公園

大浪灣 TAI LONG WAN